

National Network for the Study of Infant Mental Health

Regional Network in Oslo, Bergen,
Trondheim and Tromsø

R.B.NP

Started 1.september 2006

- National Mandate given by Health, Family and Child Protection Ministries
- Research and implementation staff:

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My background

Aline Center for Infants:

Child Protection Institution – Focus on removal
of children

Today: focus on the whole family

A multicenter strategy took 10 years to develop

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Why so Important

We don't know early on whether or not parents can bond with their children, so it is very important to focus on attachment and support for parents.



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Strategy

- ✓ Build bridge between the experts on the ground, the Universities/Colleges and the researchers
- ✓ Partnership
- ✓ Build on Child Developmental Issues
- ✓ Implementation strategies
- ✓ Evaluation
- ✓ The Quality of Process and Outcome
- ✓ Always focusing on improving outcomes

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Strategies

- Identify and support on a community and neighborhood level
- Parents as Partners
- Set the Agenda together: collaboration
- A ladder of helpers
- Sensitive helpers: alliance, relationship building
- Training
- Tools for screening, assessment and treatment

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New knowledge



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Stress and withdrawal

New knowledge and emerging
research

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Why Norway Scores High in the World Community on Positive Outcomes for Children and Families

Norway's commitment to early childhood development and outcomes for all children has led to a national strategy and funding for preventive services and better outcomes for very young children. It is expected all children receive these services.

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